

# Top 10 Homecoming "Do's & Don'ts" List

## DO...

- 10** ...pay attention to FRG/command info about rules and procedures
- 9** ...communicate with extended family. When can they see him, if not attending HC?
- 8** ...dress for the weather. It can be cold, windy, wet, hot, sunny, or anything. Be prepared!
- 7** ...bring snacks. You may be there a while. Bring some for your kiddos too!
- 6** ...arrive early. You never know if they'll come ahead of schedule. Plus, you'll get a good parking spot.
- 5** ...be flexible. Schedules can change last minute.
- 4** ...bring a photographer. Let someone else worry about pics for you while you enjoy the moment.
- 3** ...be ready to make "my world" back into "our world." The house not being the way you've had it during deployment just means he's home where he belongs.
- 2** ...stock the fridge. Take the stress and hunger factor out by having food in the house.
- 1** ...relax and enjoy one of the most unique, incredibly special events of your life

## DON'T...

- 10** ...forget to provide entertainment for your kids. This will make it more enjoyable for all.
- 9** ...hog all the space in the bathroom and closet. Make some room for him if you've taken over.
- 8** ...have too high of expectations upon arrival. Your sailor will need to rest and relax.
- 7** ...don't forget your memory card, batteries, phone, camera etc.
- 6** ...go crazy waiting that few weeks!
- 5** ...make him start chores instantly. Let him ease back into the swing of things.
- 4** ...forget OPSEC (Operational Security). Decorate outside your house at last minute and don't post countdowns on social media
- 3** ...expect everything to go perfectly. You'll probably have to go to the bathroom at the worst time!
- 2**...worry if intimacy takes some time. Enjoy getting reacquainted. No need to rush.
- 1**...stress TOO much about the outfit. He'll think you're beautiful no matter what!

Congratulations on your upcoming Homecoming! I hope you are able to thoroughly enjoy it.

Let me know if there's anything I can do to help!

~Heather Goffrier, [HappyFitNavyWife.com](http://HappyFitNavyWife.com)